### SCAMS - David Morton - Citizens Advice Bureau - 24th September:-



David highlighted the need we all have to be very vigilant in our actions when dealing with strangers on the phone or via emails. In the UK millions of pounds are lost to scammers each year when they present credible excuses to access unsuspecting folks' bank accounts and personal data. Surprisingly, the most vulnerable group is the under 30's who tend to think they know what they are doing in this digital age. His message to everyone is for caution and diligence with personal information.

Get-together with Redruth Inner Wheel - 1st October:-



We met around our 'Reserved' table at the Duchy of Cornwall Garden Centre Café for a chat and a

wonderful lunch. Afterwards we opened our purses to buy plants and goodies from the

gift shop. Really a fun afternoon to catch up with friends from Redruth. Everyone said we must make this an annual event.



#### Sewing Days - Kath Sobey - 3rd October ++ other dates:-

Kath hosted her Craft Days for everyone to make a table runner for their Christmas Table. We



### Harvest Supper - Lanreath - 19th October:-

all appreciated Kath's sewing expertise as we assembled the many pieces to make up our runners. Homemade soup and puds made for a delicious lunch and a huge 'Thank You' must also go to all the helpers who arranged lunch and washed up afterwards so that the seamstresses could return to their tasks.

Yvonne Toms gave a wonderful talk about the life and times of the famous comedienne Joyce Grenfell, reminding us of the skits involving the funny catch phrase 'George – don't do that'...

Yvonne sang Joyce's song 'Three Brothers' and although the humour appeared light there was a serious point to the song as it seemed to recount the happy, busy life of a spinster in lightweight terms, but it really described an era where the heroine would have been a willing slave to her male siblings and their families. The assembled company enjoyed an amazing buffet which was provided by our Inner Wheel Club.





# Rodda's Clotted Cream - 22nd October

How well do we all know and love this Rodda's emblem ! After our lunch on 22nd October, we all enjoyed a talk by Mr Philip Rodda about his family's history in the making of the Rodda brand. Some of us then purchased Rodda's fudge and shortbread to share with family and friends.

### Get-together with Ex

### mouth



## Club at Endsleigh Garden Centre - 12th November:-

A well-timed visit to Endsleigh Garden Centre in mid-November provided us with the opportunity to buy some early Christmas goodies and we shared lunch in the café with members from Exmouth IW. We all went home with something, Christmas stocking fillers, jumpers, cards, tinsel and most importantly happy memories of another good day spent in the company of friends from Exmouth Club.

# My Life in Central Asia - 26th November:-

Ruth recounted tales from the 8 years she and her husband had spent working in Central Asia. They used their administrative experience to help with an humanitarian organisation which ran various projects in medical, educational and community development. Life was very different but Ruth has fond memories of the beautiful countryside, food and local hospitality. She spoke of four amazing ladies with whom she worked. They had come through many difficulties and yet made the best of their opportunities. We then saw a film of one of the projects about training in healthy pregnancy and birth practices which has meant that many lives have been saved.

# Christmas Wreath Making - Bridgette North -27th November & 4th December:-

On a chilly December morning the heaters in Bridgette's workshop were going full tilt for us to enjoy our time making Christmas decorations. In the morning we made a wreath for the front door and in the afternoon a table decoration. Bridgette had kindly sourced all the foliage and items we needed to complete the decorations. We enjoyed lunch of homemade soup and puds as we chatted and shared our plans for the Christmas season. Here



are the finished magnificent wreaths we achieved with Bridgette's expert guidance.

# 'Bring & Buy' at 'All Day Breakfast' at Looe Church Hall - 25th January 2020:-

A busy day was spent at St. Martin's Church Hall in Looe as part of our contributions to Inner Wheel's Service in the community. Members of our Club were very busy setting up and arranging all the quality items given to our 'Bring & Buy' stall and a tombola was also organised by our Club to raise funds which were donated to one of our charities, South West Children's Hospice. All the home-made cakes and Jean's jars of marmalade were ever popular with folks who had travelled from miles around to visit this annual event. Some of our Club members also helped to serve breakfast to the large gathering of hungry guests.

## Plastics Recycling - Ellie Jackson - 28th January:-

Ellie has written a series of books to help educate children about the impact of plastics on ocean ecosystems. Ellie now lives in Looe. She wrote her first book after living in Australia where the family had watched a turtle called Duffy being released back into the ocean after treatment for ingesting plastic. Her children were transfixed by the sight of this beautiful creature being set free, and once they had made the link between plastic debris in the ocean and turtles they were inspired to pick up litter from beaches to help protect turtles and other sea life. Ellie, an environmental scientist also taught geography, conceived her idea to use children's books to educate children about this threat to sea life.



### Falmouth Trip - 7th/8th February:-



Falmouth in February ?? Really !! It was wonderful - the weather was kind and we all enjoyed walks in the sunshine along the breezy seafront to blow away the winter cobwebs. Everyone arrived on Friday afternoon and we left after breakfast on Sunday. Most of us spent both evenings at dinner in the hotel and the food was excellent. On Saturday we went our own different ways; some visited Pendennis Castle, others the Maritime Museum whilst a few just spent some time browsing the shops in Falmouth. A great weekend.



### Coffee Morning - 14th March:-

Kath Sobey hosted a coffee morning to raise an amazing amount of funds, well over £1,000, which were distributed between charities associated with 'UK Floods' and 'Fires in Australia'. Both countries had been devasted by these unprecedented natural disasters so Kath swiftly organised this impromptu event. It was a great success.



We are very pleased to welcome Lyn Britton, who joined our Club on January 28th. We hope Lyn enjoys her time as a member of our Club.

Welcome back .... ....it is lovely to see Gail Udy enjoying our company and events at Club

Welcome to Committee .... Gail & Lyn are joining Committee as 1<sub>st</sub> Years members

Some Club Donations - Parkinson's & Bring Back the Smile to Nepal -2019 Two of our charities gratefully received donations from our Club.



Parkinson's UK held their annual Christmas dinner on 18th Dec 2019 at which Gina & Phil presented a cheque from our Inner Wheel Club and Rotary Club of Looe Valley



Alison gratefully received a donation on behalf of 'Bring Back the Smile to Nepal' which Gina & Phil presented on 23rd Dec 2019 at the Rotary Club of Looe Valley's Annual Christmas dinner.



Annetta would like some more knitted squares please. These blankets are wonderfully warm, as sampled by a few members after lunch one chilly winter's day in 2019 !!!



March Covid 19 - our Programme 2019–2020 was cancelled !!!!



# but lots and lots of good news follows

# See our future 'Programme 2020 - 2021'

\*\* We thought you'd like to see our Club Programme for 2020-2021, which is sadly on hold. All dates for District meetings are still TBN but we will keep you informed when we are able to begin meetings again. Until you hear from us, all of the listed items are just provisional. At time of printing Tapenades is still closed and as yet we have no definite dates for re-opening.

\*\* We are hopeful that 2021 might see the Programme in operation, which is WONDERFUL news. Our postponed  $60_{\text{th}}$  Birthday celebrations have been carried forward and will, fingers crossed, now take place on Saturday  $27_{\text{th}}$  March 2021 at The Hannafore Point Hotel & Spa. All previous arrangements apply; we have safely kept all funds and records of menu choices. We understand that the Club is actually another year older so in effect this party will be a combination of our  $60_{\text{th}}$  and  $61_{\text{st}}$  Birthday celebrations.

**\*\*** Bridgette has decided to send out a monthly 'News' for Club Members. If anyone would like to contribute some interesting articles, newsy items or fun snippets for Club members to enjoy please would you kindly send them directly to her by e-mail or post.

**\*\*** Lastly - If you have any interesting topics or snippets of information which you'd like to include in our next Newsletter, please forward it to my e-mail address. Many thanks, Jane