



Inner Wheel District 129

Summer Newsletter 2022

District Executive Committee 2022/23

Acting Chairmen	PDCs Fran Tregaskes & Val Pascoe
1 st Vice Chairman	Beatrice Dyer
Member of Council	PDC Fran Tregaskes
Secretary	Angie Tamblyn
Treasurer	PDC Fran Tregaskes
Assistant Treasurer	Christine Rogers
International Service	PDC Val Pascoe
Membership Officer	Bridgette North
District Editor	Liz Williams
Webmaster	Wendy Wallis

As you can see Fran's name appears on the list several times, please consider joining the DEC and giving her a rest!!!

District 129, and Truro Club in particular, would like to add all our congratulations to our new District Vice Chairman Beatrice Dyer on receiving the Platinum Champions Award for all her outstanding work as chairman of Royal Cornwall Hospital League of Friends.



Cornwall Platinum Jubilee Parade at Truro Cathedral on 2nd June 2022

Report by DC Hilary Genes

It was a great honour to be asked to represent Inner Wheel District 129 and I thoroughly enjoyed the event. To have the opportunity to honour Her Majesty the Queen, along with other dignitaries and members of the public was indeed the best day of my role as Inner Wheel District Chairman and to advertise our Organisation as well.

I was accompanied by my fiancé, Mr. Graham Halden, President Bridgette North President of the Liskeard and Looe Club and her husband Graham, who is the President of the Rotary club of Looe Valley.





With everyone gathered in High Cross, the Dean welcomed everyone to the service. Mr. James Williams representing the Lord- Lieutenant (who had Covid,) the Bishop of Truro and the Mayor of Truro gave their appreciation of the Queen.

A Jubilee Celebration by Gareth Churcher, was performed by St. Kevern Youth Band. The Dean then led the prayers which were followed by a resounding rendition of Trelawney by the City of Truro Male Choir. The Bishop gave the blessing, and we all sang the National Anthem.

District Meeting & AGM, Newquay 2022

54 of us met on a glorious day in Newquay for our last visit to the Hotel Bristol. We enjoyed a very happy day together with a delicious lunch.

From the old we travel to the new



Hilary got quite excited to see Angie doing some work!!!!



Hilary was delighted to present Vanessa with her Past District Treasurers badge, and then in her turn received her Past District Chairmans Badge from Fran. Hilary then lit the blue candle for the Past and Fran the yellow candle for the Future before the chain was passed on to be shared jointly by Fran and Val who as Past District Chairmen are going to keep the District going this year during an inter-regnum.



And this, ladies, is what freedom feels like!!!!



International News

Many thanks to MoC Fran who donated this beautiful hand-made quilt and to all others who donated to the Raffle including Demelza who has now found a new home, which was drawn at the AGM in Newquay. Over £450 was raised which has been split between Mission Modova and School in a Bag. The School in a Bag donation has been directed to a refugee camp in Northern Uganda, the second largest in the world, where many have come fleeing the conflict in Southern Sudan.



News from the Clubs

Bodmin:

President 2022/23: Brenda Keen



I am a retired Mental Health Nurse working within a hospital setting where I qualified in 1970. After this I worked on nights then in a day hospital, as a Community Psychiatric Nurse before being pensioned off due to a back injury. After this I was a Chiropractic aid, a Registered Manager of a Residential Home and finally doing private care in people's homes. After retiring four times I stopped in 2019!

I have two sons both in their late forties. three grandsons aged 11,14 and 22 and one granddaughter aged ,9. I'm very lucky as two of the grandsons live in Bodmin along with their dad and one in Camelford while my granddaughter lives just outside Tiverton with her mum and dad.

I help run a Memory Cafe twice a month, volunteer at a lunch club weekly, I am also co chair of our Patients' Group and now have the Presidency of Inner Wheel again for another year. All I can say is if I have half the fun I had last time I will be happy

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My hobbies are my grandchildren(of course), knitting. walking, gardening and my dog Charlie.

Here's to a fun filled and exciting year.

Adopted community flower bed

In 2019, the Club became aware of a Community Group called 'Bodmin 'BlueTits' which was regularly tidying up the various areas in the town by carrying out litter picking, and by tidying and re-planting long neglected flower beds. Following the decision at the Inner

Wheel of Bodmin's September Meeting, that a worthy Project would be to adopt the 'Still moor Flower bed', a group of Members met in light drizzle and had a hard but great day!

We were delighted to have the support of two Staff members from Bodmin Town Council Parks Dept. who arrived and joined in digging, clearing, removing, and replanting. The Council also donated two truckloads of mulch which we ladies removed from the truck so it could then be spread over the bed.

During 2020, it became known that Bodmin would stage the Finish of the First Stage of the 2021 'Tour of Britain', and many Organisations took responsibility for tending to the flower beds as well as incorporating bicycles. We installed our bike in our logo colours of blue and gold!

Since then, members have followed a monthly rota, weeding and planting in line with the various seasons, and for Christmas the bed was decorated with tinsel.

Whenever the members are working on the flower bed, it is not unusual for passing members of the Public to make complimentary comments, we are also able to proudly publicise the Bodmin Branch of the Inner Wheel.



Bude:

President 2022/23: Jenny Cloke



I was born in Yorkshire where I went to school and later trained as a nurse at Leeds General Infirmary. I moved to Cornwall in 1967 after meeting my future husband here on holiday. WE have 3 sons, 2 of whom are in the police force and the other is an army officer. I now have 5 grandchildren who keep me busy., later becoming the school nurse for the local area and also working as a community family planning nurse.

I have worked as a nurse in the hospital in Bude until the family came along, later becoming the school nurse for the local area and also working as a community family planning nurse.

For many years I have supported my husband in his role as lifeboat crew, later becoming Lifeboat Operations Manager for Bude RNLI until his retirement 5 years ago. We were heavily involved in fundraising, especially the local Lifeboat Day which attracted a huge following. I also became involved with NSPCC fundraising locally.

Much of my working life and fund raising activities in the local community led me to be involved with Bude Inner Wheel which I was invited to join 8 years ago. I am thoroughly enjoying my time with our club which is a very supportive group of ladies who enjoy social events and take their commitment to fundraising, both locally and further afield, very seriously.

I look forward to my year as President and know that I shall have tremendous support from all our members

Camelford:

President 2022/23 Valerie Flower



Valerie Flower continues as Camelford President again this year. We have resumed meetings in each other's homes as very much a friendship and support group and are looking forward to getting back to District meetings very soon.

Helston Lizard:

President 2022/23 Teresa Wara.



I was born, raised and remain in the Helston area. After a decade working in the NatWest bank I became a stay at home Mum to two children. Eventually I worked in Admin for Shelterbox, a local charity. Now retired, I enjoy looking after our two grandchildren, also spending any spare time walking and enjoying the local coastline. Hopefully this year my husband, Hjalmar, and I will be able to travel on the holidays missed in the last two years. This will be my second time as Helston Lizard Inner Wheel President.



Above is a picture of our visit from Jenny Wingham (centre of the picture), Chair of the Penzance Women's Refuge who gave us a great insight to their work that is continually ongoing. We as a group support the Refuge every Christmas with presents and donations to the families in need.

Launceston:

President 2022/2023 Julia Gaunt



My name is Julia Gaunt and I have been a member of Launceston Inner Wheel for 4 years. I live with my husband, Chris, at Trevadlock Hall Park near the village of Lewannick. We have lived in Cornwall for 5 years, having previously lived in Dursley, Gloucestershire. When I lived in Dursley, I belonged to Dursley Lionesses (the female equivalent of Lions) where I undertook the roles of President and Secretary over the years. I belong to Launceston Choral Society. My other interests include travelling (especially cruising), walking, reading and craftwork. I look forward to my term as President and hope to build the Club numbers up.

Liskeard & Looe: President 2022/2023 Ruth Roach



I am Cornish and retired here four years ago to be close to my Mum. I became a member of Inner Wheel because of the warm welcome shown by other members. My husband, Paul is president of Looe Valley Rotary. We have two children, both married. Two of our grandchildren live in Northern Ireland and three in Virginia, USA. I was a teacher of French and Spanish and later became an office manager. We have lived in Cheshire, Afghanistan and India. I enjoy cooking, walking and helping refugees to learn English.

Hilary visited us on the 24th May 2022, she gave such a lovely talk to us all and we were delighted to present her with a cheque for £90 for her charity Blood bikes





Calling all Photographers Liskeard & Looe Inner Wheel

Give you your chance to win a specially mounted print of your photograph

There are three categories: Beautiful Cornwall, Wild & Nature

Category winners and other selected runners up, will be featured in a 2023 calendar.

Photos should be landscape format and taken in 2021 or 2022

Entry fee: £2.50 per photo.

All proceeds in aid of Cornwall Air Ambulance.

Last date for entries is 30th July by 13:00h

For further details go to

<https://sites.google.com/view/lliwphotocomp2022/home>

Perranzabuloe:

Joint Presidents 2022/2023: Beryl Nolan & Mary Mitchell



Beryl Nolan (on the left in the photo) was born in Manchester, but first came to Cornwall with her parents in 1962. She married in Manchester and later came back to Cornwall. She has two daughters. Jane now lives in New Zealand in a rainforest and keeps horses. Amanda lives locally to Perranporth. Beryl joined Inner Wheel a few years ago and is an enthusiastic and helpful member of the Club.

Mary Mitchell has been a member of Perranzabuloe Inner Wheel for 27 years and this will be her third time as President. She is delighted to share the roll with her friend Beryl. She farmed for 25 years and then had a business in Padstow for 15 years. Now retired, she enjoys gardening and playing her fiddle with a folk group.

To celebrate our 27th birthday, members of Perranzabuloe Inner Wheel decided to do a short walk round our local boating lake, in aid of the Stroke Association. One of our members, Beryl, lives conveniently close to the lake, so we met at her house where she had arranged a number of tables and chairs in her forecourt. Other friends joined as well, and after some members had done the walk, we had a delicious tea and a cake made by Beryl.



Life After The DEC!!

To celebrate freedom from the DEC Vanessa and family decided to take part in the Rainbow Run, 5kms getting paint thrown at you, in aid of CHSW. The Inner Wheel water bottle was carried all the way round, even though Vanessa couldn't drink from it as it turned into a rainbow too!! Well done to the Hughes family



Plymouth:

President 2022/2023: Carol Ellefsen



I was born in Plymouth in 1939 and attended Devonport High School for Girls.

After school I did my teacher training at a London college and taught in secondary schools for 33 years. Whilst at college I met my Norwegian husband, Kjell, and we married in 1960. Our daughter was born in 1961. I have four grandchildren and five great grandchildren.

Kjell and I have enjoyed many years with Rotary and Inner Wheel. This is my second time as sole President for Plymouth (I shared another year with two other members).

I am looking forward to sharing friendship and caring fellowship in the coming year.

Redruth:

President 2022/2023 Sue Norfolk



Sue was born in Yorkshire and moved down to Cornwall from Buckinghamshire 18 years ago and is a retired Personnel Manager. Married to Mike, Rotarian with Redruth Rotary club, and they have two children and five grandchildren and live in the Camborne/Redruth area. Sue joined Redruth Inner Wheel when her husband joined Rotary 10 years ago. Most of her time is spent being a very active Nanna and also volunteering with Girlguiding having run a Guide and Ranger unit for 46 years. She is currently running two units in Camborne and has just finished a five- year appointment as Joint County Commissioner for Girlguiding Cornwall which took her all over the county and to conferences/meetings in the South West of England and beyond before Covid-19 which meant many meetings then became virtually done. With her husband, they are currently doing up a bungalow and creating a large garden from scratch with the hopes they will be able to move in this summer. Having been on the Committee for many years Sue is looking forward to being President of Redruth Inner Wheel with the support and friendship of all its members.

Inner Wheel Day 2022

Redruth club were delighted that their report on Inner Wheel Day was printed in the West Briton on 14th April this year.

Inner Wheel club members from our Redruth Club including our President, Sue, were amongst clubs from the District invited by Truro Inner Wheel to celebrate Inner Wheel Day at Kenwyn church.

The service was led by the Reverend Chris Parsons and held on March 28th. Members joined together to say the Inner Wheel Act of Dedication and The Inner Wheel Prayer during the service.

All members were invited to bring along items for the women's refuge, which was also supported by a collection during the service.

We then all enjoyed fellowship over a pasty lunch before making our way home after a very enjoyable time.

Roborough:

President 2022/23: Jacqueline Lee Hansen



My name is Jacqueline Lee-Hansen and I have been a member of Roborough Inner Wheel for just over six years. I feel privileged to belong to a caring and professional organisation that is Universal and I can travel the world knowing I will be made welcome at any club.

My professional career has been in Finance undertaking various roles, however, the last thirty years of my career was spent working for Devon and Cornwall Constabulary. This consisted of running the Finance Department and carrying out the role as Finance and Logistics Officer on Major Incidents and Disasters. Very interesting as I would be involved from the start on Finance, staffing, equipment etc, everything that was required to run an operation. I have worked on the Asian Tsunami and Boscastle flooding in Cornwall and many others.

I am honoured to be elected as President of Roborough for the coming year and will endeavour to make my club proud of me and will uphold all the values of Inner Wheel.

St Austell :

President 2022/23: Val Pascoe



This will be my third go as Club President, you never know, I might get it right this time! I'm looking forward to working with my club serving our community whilst enjoying Inner Wheel fun and friendship.

Demelza's Visit to St Austell

My day started with the District Meeting at the Penventon Hotel, Redruth where I had pride of place on top table with the DEC. Following a delicious lunch (guess who didn't get any) lots of business was discussed which I found interesting even if I didn't understand it all. The 63 members present bought raffle tickets for a beautiful quilt, cushion and bag made by Aunty Fran (what a talented lady), the money raised was to help people less fortunate.

Then it was back in my box and a ride in Aunty Val's car to stay with President Pat in St Austell for the start of my next adventure. On the way we stopped at Sainsbury's to pick up some banana boxes but they didn't have any bananas in them. (What's that all about, am a bit confused.com), Apparently, they were for packing lots of items to send to Mission Moldova, again to help people less fortunate

After a quick change I was off to line dancing for 2 hrs. The line dancers were lovely and I even joined in with the Tennessee Waltz Surprise which caused much amusement. The surprise is, it's not a waltz but I found the turns made me feel a bit dizzy so I sat and watched for the rest of the evening. I never knew line dancing could be that energetic.

I spent the night on very comfy bed sitting next to a lovely teddy called Henry. I told him not to get any ideas, there was to be no hanky-panky and he was a true gentleman.

Next day I went with Aunty Pat and her friend to Lanhydrock House and saw lots of lovely daffodils on the way. We went through a place called Sweetshouse and although I looked very hard, I couldn't see a house made of sweets or a sweet shop. The lady in reception had heard of Inner Wheel and she said she hoped I enjoyed my visit, wasn't that nice. We did lots of walking and then finished with a scone and apple juice, yummy.



Today I've been for a walk with another of Auntie Pat's friends and we saw three buses on the way. I waved at the drivers and one of them even waved back. Have been resting tonight as with all that walking my wickle wegs were tired and probably a bit shorter.

Unfortunately, I missed the Inner Wheel Day at Truro, a committee meeting, sponsored walk and an Italian evening as Auntie Pat had a bad cold (not Covid) so we stayed in and I helped to do a jigsaw. Once she was feeling better, we went to help at the Memory Café and I've been back 2 more times to line dancing so am quite an expert at the Tennessee Waltz Surprise now. I was also allowed to sit on top table at the Inner Wheel meeting at Carlyon Bay Golf Club where Uncle Peter, the manager set a place for me with a knife, fork and napkin but he forgot to bring me any food.

One of Auntie Pat's friends plays the ukulele in a group so we went to watch them playing and then next day we met her again and went for a walk to Charlestown and I had my photo taken on the beach with her dog who also has a Cornish name just like me. He's called Denzel and is a labradoodle but he was a bit naughty and put his tongue out for the photo.



I was going to miss the Easter Egg Tombola at the garden centre so Henry and I decided to get some of the 145 Easter Eggs and have our own midnight feast instead, they looked yummy so please don't tell anyone will you, I am sure they won't miss a couple.

Saltash: Joint Presidents 2022/23:

Linda Oakes and Linda Durbin



I am pleased to be sharing the Presidents coming year with fellow member Linda Durbin. This is my fourth time as President.

I was born in Ivybridge, South Devon but moved to Saltash when I married 53 years ago! We have a son who works in the banking industry and a daughter who teaches, both live locally with their families so we have been lucky to be able to see plenty of our 3 grandchildren . We also now have a Great-Grandchild.

I worked at the local doctor's surgery as a receptionist for 26 years, a job I thoroughly enjoyed, and am now happily retired.

I am looking forward to the new Inner Wheel Year and again sharing the Presidency with Linda Durbin

I am Linda Durbin and am 76 years of age and will this year will be sharing the presidency of the Saltash IW Club. I have two children, Andrew and Jane, and three grandchildren and have lived in Saltash now for over 40 years.

Most of my working life was spent as a medical secretary at the main Plymouth hospital but I have been retired now for 7 years

I am looking forward to again working with Linda Oakes as joint President's

Tavistock:

President 22/23 Jan Beveridge



I grew up in East Africa, came back to Britain and went to school in North Devon then straight to London to work

My mother Dorothy Adams was one of the founder members and second President of Inner Wheel Tavistock and my father Richard was a member of Rotary in Tavistock. This is my second term as President, the first being held almost entirely on Zoom.

I moved to Tavistock about 20 years ago and was invited to join the IW club not long after coming here, became Treasurer for one year and came to District meetings with everything still so new. My husband Robert is recently retired and loves walking our dog Toffee who is 1/2 Boxer/1/2 Collie but looks and behaves like a Boxer!

The Tavistock IW Club has brought me in touch with a lovely local community which is very supportive of each other and provides friendship

Truro: President 22/23 Yvonne Allkins



I moved to Cornwall in 1998 following many happy years moving from Hertfordshire to Surrey to Hampshire with my husband. He was a member of Round Table, and I enjoyed much fun in Ladies Circle and then Inner Wheel. I was PA to the Senior Partner of a large architectural practice for 16 years which I loved and during the last year had an unexpected visit to Brunei which was an amazing experience. Following Tony's retirement, we moved to Cornwall and purchased an Art Gallery on The Roseland, this was an exciting time. Rotary beckoned and I joined Inner Wheel. In 2010 we decided to retire, and the gallery was purchased by our daughter (a muralist and artist) her husband and two granddaughters. I am now looking forward to my third presidency of the Club and with a very supportive committee and members am looking forward to lots of fun and friendship in the coming year and, hopefully, not too much zoom.

Yvonne Allkins, President for 2022-3, Maureen Woodhouse and Beryl Wyatt, past joint Presidents for 2021-2 with the gifts presented to them by the Club



The Inner Wheel Club of Truro Cornwall and the Inner Wheel Club of Figeac en Quercy, France

“Cornwall is one of the most beautiful places in the World, and because the South West of England and Cornwall is where my roots are, I wanted to share this lovely place with my friends in Figeac”

These are the words of Polly Tolliday a member of the Figeac Club.

It started a year ago, when Polly wrote to Fran Tregaskas (Secretary of District 129) to ask her if she thought one of her clubs might be interested in starting a communication with Figeac en Quercy. Fran responded positively and sent several Club contacts.

The Figeac Club responded very enthusiastically and wanted to take it further.

President Catharine left it to Polly to decide which Club to choose out of a number of Club's that had replied to Fran's request.

The Inner Wheel Club of Truro was one of the Clubs that responded. Anita Bryce, a member of the Truro Club, has a house in the Tarn just two hours from Figeac. She knew the region well. Polly and Anita then started a conversation by email. The Truro Club were delighted to take this relationship further and considered forming a link of friendship with the Figeac Club. We were delighted when IW Figeac decided to invite us to be their link Club.

Newsletters between the clubs and conversations between Polly and Anita helped everyone to get to know each other, and a few months later members of both Clubs were ready to formalise their relationship.

Members worked hard to make the Zoom linking ceremony a fun and memorable occasion. Documents were drawn up for the signing. Members photographs were sent in advance from each club so we did not feel like strangers. All who attended on both sides of the Channel agreed it was indeed quite an occasion!

The Zoom sign-in was expertly managed by a member of the Truro Club and the event went smoothly. The Figeac members were gathered in small groups with their nibbles and aperitifs. They proved to be a lively group of ladies. Anita and Polly managed the language barrier speaking in French and English.

Once the signing was completed, the Truro Club celebrated with non-alcoholic 'fizz', while the French ladies moved onto Champagne!

We were delighted Association Immediate Past President Ann Acaster, Association Constitution Committee Chair Liz Swinton and District Chairman, Hilary Genes were able to join us for the occasion. Their greetings sparked off lively conversations between the two clubs. Subjects included Poldark, the War of the Roses and how to make a Cornish pasty! The Champagne was certainly flowing in France with the Figeac Club looking forward to their first visit to Cornwall.

The Truro Signing



The Figeac Signing



Anita visited the Figeac Club in July last year and enjoyed a superb lunch and friendship, in a small village close by.

We continue to exchange news and friendship and look forward to our two clubs meeting up very soon. There is so much we share, but there is also so much that is different, and this is what makes it exciting.

We would like to encourage you all to think about linking with an Inner Wheel Club in another country.

