



Inner Wheel District 129

Spring Newsletter 2022



The thoughts and prayers of all of us are with those in Ukraine and those who have fled the fighting, along with all those neighbouring countries who have welcomed the refugees into their hearts and homes. As a District we are continuing our support for Mission Moldova and School in a Bag who are doing amazing work in the area despite the terrible conditions. The cost of a lorry to transport goods to Moldova and return is currently over £4,000. To help as best we can, ISO Val has organised a raffle, selling tickets at Penventon (£250 raised, thank you everyone) and again at the AGM in Newquay when the draw will be made. MoC Fran has donated a beautiful batik style quilt which she made over lockdown, along with a bag and a cushion, plus there will be other prizes



News from the Clubs

The link to see all the activities of our teddies in District 129 is

<http://innerwheelsw.org/Pages/teddytravels2021.htm>

Launceston:

Please see Demelza's adventures after the club news!!

Perranzabuloe:

On February 11th we had our first face-to-face meeting since last year. It was well attended, with 15 members of our Club, and the welcome presence of District Chairman Hilary. After our business meeting, it was with pleasure that our newest recruit, Sadie Kemp, was inducted by Chairman Hilary. Following tea and cake, Hilary gave us a most interesting talk about her life, starting with her birth in Trinidad and her education there, and followed by her work in a mental hospital in Britain. She only retired from nursing fairly recently, and still misses it.



Redruth:

We have had a fairly quiet start to the year, but it was lovely to be back at the Penventon Hotel and our Host Club duties



Roborough:

Apart from the normal committee meetings we have continued with our regular club meetings which have included some very good speakers. We learnt all about the history behind the 'Hatpin' an innocent enough accessory but with, some might say a dangerous use. There were some lovely examples for us all to see. The Presidents of Roborough Rotary gave us a humorous rendition of her tremendous cycle ride from Lands End to John 'O'Groats. At our last meeting our President presented a cheque for £2,345 to the manager of the Mustard Tree Centre, her main charity of the year.

We have had several fund-raising coffee mornings.

We were very busy in December with our Xmas party at the Yelverton Golf Club.



On the 6th December Michelle opened her beautifully decorated house, all ready for Christmas for our Xmas fayre when £284.50p was raised.



Caught in the act Jan!

Several members enjoyed a lovely lunch and afternoon at the District meeting at Carlyon Bay on the 8th December. Good to see so many IW members and get to talk to them. Our own Liz Bosworth read out a poem written by herself. She is our star.

We joined Roborough Rotary and supported them with the Santa Sleigh collecting for chosen charities. Liz, Sarah and Jan spent a busy day making Christmas cards for Torr Home residents, then on the Sunday before Christmas we were busy with 14 Santa gift boxes,



We met at Penny's for Inner Wheel day and enjoyed a grand day learning new ways to wear a scarf. Natter time whilst cutting out the stamps collected over the Christmas period. We enjoyed a lovely lunch and raised £62.50 in the process.



St Austell :

At our November meeting Rotary President Mike Pascoe from the St Austell Memory Cafe was welcomed to our meeting. Our President Pat Pettit is also a volunteer at the St Austell Memory Cafe and it is one of her main charities for this year.

Mike first showed us a short enlightening film from the Alzheimer's Society on dementia which was followed by a talk and discussion.

The St Austell Memory Cafe at Cuddra Hall has now restarted after a pause of over a year due to COVID restrictions. It has been running for eleven years and it's main aim is to provide people with memory loss, their family or carers, a place where they can socialise and take part in meaningful activities. There is a themed format to the sessions designed to stimulate thinking and memories. Music is one of the activities that activates and stimulates the whole brain. Memory Cafe guests play 'guess the song or singer' with other reminiscent activities structured in earlier in the session such as work, yoga, school days and arts and crafts. One of the delights enjoyed by the St Austell Memory Cafe guests are the delicious home made cakes with their tea or coffee. The cakes are made by the St Austell Inner Wheel Members on a roster basis and it has been a pleasure to do so.

Thought stimulating paper- based quizzes such as word search, crosswords and spot the difference are used later in the session. Everyone is encouraged to join in but it is not competitive and it is ok if they don't want to.

Meeting other people that really understand makes such a difference and this can grow into a support network outside of the Cafe.



Photo of President Mike and President Pat.

After Christmas our meetings have taken on a more light hearted theme. In January President Pat brought photos, awards and mementoes to show to the new members in our club. We had fun chatting about times gone by and it gave the new members an insight to activities in our club.



In February we had a fun evening with card games and pancake tossing with members getting into the swing for the approaching Shove Tuesday. The room was alive with laughter and the winners won prizes for the most pancake tosses in one minute.



Our International officers Alison, Rita and Ruth have continued to be busy. Ring pulls have been sent to the Purple Community Fund, stamps have been collected for the Leprosy Mission and spectacles have been sent to Vision Express in Truro to be sent to India. Club members have also continued to donate items needed for Moldova such as clothing, household items,

toys, workshop items, knitting needles and other craft items. Alison, Rita and Ruth have spent a day busily packing up the donated items all ready for transportation to Moldova. A fantastic total of twenty three banana boxes and three suitcases were packed ready for transportation to Moldova.



Photo shows some of the useful goods, wonderful knitted goods and cuddly toys that were donated.

President Pat has been planning further fundraising events to take place in April. A charity Fashion Show to be held at the Carlyon Bay Golf Club and our Easter Tombola at Par Garden Centre. Given the uncertainty of the almost post pandemic times, we are all hoping they will both be a great success.

Janice Jerome, Club Correspondent

Saltash:

This year finished with two of our members helping our Rotary Club with their Xmas Sleigh collections. The town seemed to appreciate seeing Santa after a hard year!

We welcomed in the New Year with an afternoon tea get-together at our local Ashtorre Centre which is in a lovely spot overlooking the Tamar.

In February we organised a meal followed by a visit to The Box an interesting museum in Plymouth which was enjoyed by all.

After our March meeting we filled 3 Rotary shoe boxes and collected numerous items for distribution to Ukraine , also donating £100.

Linda Oakes, Club Correspondent

Tavistock:

We started the year by celebrating Inner Wheel Day by filling 14 Rotary shoeboxes and also 12 bags of toiletries which were donated to the Plymouth Women's Refuge.

Tavistock members were delighted to welcome District Chairman Hilary to our meeting in January when we all enjoyed getting to know her a little better. We have also been delighted to welcome 2 new members to our club this year.



At the end of February we had an excellent guided tour of the newly opened Tavistock Heritage Centre at the Guildhall and old police and fire stations in Bedford Square.

Truro:

Presidents Maureen and Beryl were delighted to present Member Ruth Crossley with her Long Service Award at the Inner Wheel Club of Truro's Meeting in February. Ruth's forty years of service to the Club has seen her take on the mantle of most Officer roles - more than once! She has always been fully involved with the Club's events and a good friend to all. Thank you, Ruth for your long service and your lovely smile!



At 20.08 on 2nd March 2022 an email was circulated to Inner Wheel members of Truro and friends asking them to donate items desperately needed by the people of Ukraine in such desperate times.
in less than 24 hours we were overwhelmed by the generosity and kindness of local people who wanted to do something to help

16.00 on 3rd March

One Volvo Car packed full - in the boot, the back seats and front passenger seat.....
still more to fit in.....

Help needed – ring Chacewater Bakery and ask Sarah if we could use her Transit delivery van.



18.00 hrs

Transit van arrives and back seats crammed full as well as part of the back.

18.30 hrs

Arrive at President Maureen's Garage. She had got the message around to her local Residents Association and we were meet with a garage full of goods after she had already filled her own car





17.00hrs

Transit van now full – back, middle and front – anywhere there was a space – we used it. Off the 3 vehicles went to meet St Columb Young Farmers Club to unload all the donations.

Pictured - President Maureen and Sarah

Within 24 we were able to fill 2 cars and a transit van full of much needed items due to the generosity of the people of the Truro area.

Huge thank you and well done to members of St Columb Young Farmers Club who gave up their Club meeting night to coordinate the collection of goods locally to be transported to South Hellescaott Farm, Launceston and then onto Eastern Europe.

Just shows the power of social media, electronic communication and team work.

Thank you One and All



THE INNER WHEEL CLUB OF TRURO

FUND RAISING EVENTS

CONCERT BY THE LOVENY CHOIR

at KENWYN CHURCH TRURO on
SATURDAY 14TH MAY at 7.50pm TICKETS £8
Please email bejonwyatt@btinternet.com for tickets

JUBILEE FAYRE

at CARNON DOWNS CHURCH HALL
on SATURDAY 21ST MAY 2-4pm

PROCEEDS FROM THESE EVENTS TO



IMPROVING LIFE AFTER BRAIN INJURY

Demelza's Visit to Launceston Club

After the District Rally I went back in my box and travelled to Launceston with President Joan because I had said I wanted to help Teddy raise money for the Stroke Association. What would Launceston be like? Will I like it there? I needn't have worried, as soon as I arrived I met Pooh Bear and all his family and they made me so welcome I knew I was going to enjoy my visit.

My first trip was to the Club meeting where a lot of ladies all gave me a cuddle. I sat on the table so I could see what was happening. The ladies all had a meal but there was nothing there I could eat so I just sat and listened to them. They had a meeting most of which I didn't bother listening to but then they mentioned me and I told them I was willing to go on a walk if they would sponsor me. I explained I couldn't walk too far because I only had short legs. They all promised to sponsor me, so now I have to wait for a good day to go. However before I had chance to set off I went to the local Rotary meeting and do you know they were all having a meal as well. I listened to a lady telling everyone how Shelter Boxes have updated and what they are doing. She was very interesting. Did you know Shelter Boxes was started by a Rotary Club in Cornwall? Then they all wanted to know why I was there and I explained about my Sponsored Walk I was going to do. They all laughed when I explained I couldn't go too far because of my short legs however several of them promised to sponsor me.

Soon good weather arrived and off we went (I had to have someone with me so I wouldn't get lost). To begin with I was carried on someone's back in a comfy bag but soon I popped out to see where we were. Oh dear all that water, I hope they don't expect me to get wet. No they didn't. We went along the coast and saw lots of people surfing and playing on the sands. I looked out to sea with a telescope but didn't see anything except sand and sea and lots of waves.



We had to stop for a little rest (and a cup of tea) before heading back before dark. On our way back a lady sitting outside a beach hut called out to me and waved. Aren't people in Cornwall friendly.

I enjoyed my walk and was pleased I had been able to help but then I had to collect all the promised money, but everyone paid up with a smile.

My next trip was to someone's house where I met those lovely ladies again and this time some men as well. It was a lovely home with very comfortable seats. Everybody seems to do a lot of eating because this time we were all having mince pies with cream, cake, biscuits and coffee. I sat amongst the plates of food! We couldn't eat all the food so we brought some cake

home with us. Then we all had a quiz, and do you know it was all to do with food again! I couldn't answer any of the questions though.

Then it was time to go back to Auntie Hilary. What will my next journey be like I wonder.

Demelza's tour of Cornwall continues:

I met Auntie Hilary in Launceston at a place where the lovely lady, Auntie Joan had invited her to the Official visit to her club, this sounded interesting.

There were all these lovely ladies waiting around a large table that I could see as I popped up from the large box that Auntie Joan had safely sat me in.

I met this lovely lady who was wearing a chain with lots of beautiful badges with names on and she held me and gave me a big hug which felt nice, then I was sat on a large table, surrounded by lots of Aunties that I had already seen.

I heard a lot of talking and I was not really interested so I put my hands to my ears.



I don't know if they thought that I was rude but I was too small to sit on a chair and I wanted to see what was going on.

I heard a lot of talking by Auntie Joan then it was Auntie Hilary's turn to speak. I kept quiet as everyone seemed to be listening attentively.

Auntie Hilary must have said some nice things as they all looked happy and they clapped.

Auntie Hilary then spoke about her funny experiences and the Aunties laughed and clapped again as she ended her talk. I wish I could have joined in, but what can a little

bear do 🤔

Then Auntie Joan thanked Auntie Hilary for her talk and gave her a cheque for her Charity and took a photo of us with me being held in Auntie Joan's arm



Wow! Wait till my cousin see this !! Hmm I am special!!!

The meeting soon ended and Auntie Hilary asked a nice man from the hotel to take a picture of the entire club and members with me in this lovely Auntie's arms

What a wonderful time I had but I was very sad to leave Auntie Joan and all her lovely club members.